

Storybook Wellness Center
Thief River Falls, MN
56701
Phone: 218-755-5050
Email: drmooney@storybookwellness.com

René H. Mooney PsyD LP RPT-S RYT-200

Areas of Interest/Specializations/Advanced Training

Education, Consultation, and Supervision; Psychotherapy (group, family and individuals—Children [0-12], Adolescents [13-17], and Adults); Psychological Assessment (Children [0-12], Adolescents [13-17], and Adults); Trauma; Multiple Therapy Modalities (including--Play Therapy, Motivational Interviewing, CBT, Interpersonal neurobiology, Brain Based interventions, Person Centered, EMDR, and TF-CBT); High Conflict Divorce; Reunification Therapy; Parenting Capacity Evaluation, Court Ordered Family Psychological Intervention; ADR services (Custody Evaluation, Family Mediation and Evaluation Services-PTE, PC); Inpatient and Outpatient Mental Health Care; Mental Health Integration in Primary Care; Health Service Psychology; Fertility; Perinatal Mood/Anxiety Disorders; and Maternal/Family Adjustment, Integration of movement/yoga practices into mental health care, Instructing Yoga for adults, children, adolescents, and families.

Education

Doctor of Psychology, Clinical Psychology, Minnesota Professional School of Psychology at Argosy University, October 2006

Comprehensive Exams Passed: September, 2004

Dissertation: *Family Risk Assessment: A Qualitative Analysis of Child Protection Workers' Opinions of this Structured Decision-Making Tool*

Exam for the Professional Practice of Psychology passed: August, 2007

Minnesota Professional Responsibility Examination passed: September, 2007

ND Oral Exams passed: May 2020

Master of Arts, Clinical Psychology, Minnesota Professional School of Psychology at Argosy University, May 2004

Masters Thesis: *Child Maltreatment and the Child Protection System: A Systemic Review of the System, Ethical Considerations and Implications for Reform*

B.A., Psychology, University of Minnesota, Twin Cities, College of Liberal Arts, June 1999

Senior Thesis: *Family and Twin Studies of the Heritability of Alcoholism: A Review of the Literature*

Trauma Focused Cognitive Behavioral Therapy-Training, Washburn Center for Children, First completed September, 2005

EMDR-Training, EMDRIA at Washburn Center for Children, Completed Jan 2006

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(Education Continued)

200 Hour Yoga Teacher Training, Love and All is Coming Yoga Teacher Training, Chamonix France, Completed October 14, 2019

Forty Hour Hybrid Family Mediation ADR Training, South Metro Mediation Services/Carl Arnold, Completed June 12, 2020

95 Hour Registered Children's Yoga Instructor-Trauma Focused Training, YogaEd, Began June 11, 2020-Expected Completion August 14, 2020

Professional Credentials

License in Clinical Psychology, Minnesota Board of Psychology, December, 2007-present LP4883

License In Clinical Psychology, North Dakota Board of Psychological Examiners, May 2020-Present LP-582 (Provisional ND License Jan-May LP582P)

Registered Play Therapist-Supervisor, Association for Play Therapy, 11/29/2018-present

Registered Yoga Teacher -200 Hour, Yoga Alliance, October 2019-present

Qualified Family Mediator/ADR provider under MN Rule 114, June 2020-present

Clinical Employment

Owner Operator Staff Psychologist, Yoga instructor, ADR provider, Storybook Wellness Center, Thief River Falls, MN May 2020-present

- Develop business and provide all administrative functions for the clinic
- Specialize in treatment of Children, Adolescents, and Families
- Provide parent education and support
- Provide Court ordered Therapy and Assessment for Children, Adolescents, and Families
- Provide individual, family, play, and couple's therapy to people across the lifespan with diverse presenting issues in an outpatient setting as well as via telehealth
- Work closely with school professionals and county social workers to coordinate care and to provide support on mental health issues
- Provide Family Mediation and other qualified ADR services
- Provide educational presentations and consultation to rehabilitation professionals, mental health workers; doctors, nursing and other medical staff; local companies; colleagues; teachers, principals and other education professionals; and social services staff as needed
- Complete multidisciplinary psychological assessments for individuals across the lifespan for a variety of diagnostic and county requested purposes
- Teach yoga and mindfulness classes and retreats
- Participate in community wellness events

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(Clinical Employment Continued)

Staff Psychologist, yoga instructor **Quotable Kids**, Thief River Falls, MN Jan 2020-June 2020

- Provide individual, family, play, and couple's therapy to people across the lifespan with diverse presenting issues in an outpatient setting
- Work closely with school professionals and county social workers to coordinate care and to provide support on mental health issues
- Provide educational presentations and consultation to rehabilitation professionals, mental health workers; doctors, nursing and other medical staff; local companies; colleagues; teachers, principals and other education professionals; and social services staff as needed
- Work closely with rehabilitation team to create integrated multidisciplinary treatment plans for Quotable Kids children and families.
- Complete multidisciplinary psychological assessments for individuals across the lifespan for a variety of diagnostic and county requested purposes in both inpatient and outpatient settings
- Teach yoga to employees and hold yoga classes open to Quotable Kids clientele.

Staff Psychologist, Sanford Medical Center, Thief River Falls, MN, January 2009-Jan 2020

- Provide individual, family, play, and couple's therapy to people across the lifespan with diverse presenting issues in both inpatient and outpatient settings
- Develop, Supervise, and Administrate the Training program for developing psychologists and other mental health professionals in the field.
- Provide Clinical Supervision to Clinical Trainees.
- Complete psychological assessments for individuals across the lifespan for a variety of diagnostic and county requested purposes in both inpatient and outpatient settings
- Complete weekend rounds on the inpatient unit and throughout the hospital as warranted on a rotating basis
- Work as Psychologist On-Call after-hours and weekends providing consultation to Crisis Team and Face-to Face Crisis Intervention as warranted on a rotating basis
- Works as Mental Health Consultant for Head Start
- Work as Consultant for Pediatric Rehab Program Development within Sanford
- Work as Staff Psychologist at Pathfinder Children's Treatment Center providing, individual and family psychotherapy, comprehensive evaluations, mental health consultation, and staff training
- Work closely with school professionals, Guardian Ad Litem, county social workers and other collaborative professionals to coordinate care and to provide support on mental health issues
- Part of the team to implement Medical Home and to provide psychological and integrated behavioral health services at Sanford Medical Clinic
- Work closely with medical providers to implement care plans and to coordinate services for clients as part of Medical Home
- Provide educational presentations and consultation to mental health workers; doctors, nursing and other medical staff; local companies; colleagues; teachers, principals and other education professionals; and social services staff as needed
- Participated in the National Health Service Corps (NHSC) Loan Repayment Program as a Recipient and an Ambassador to assist others enter and complete the program

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(Clinical Employment Continued)

Clinical Psychologist, Washburn Center for Children, Minneapolis, MN, December 2007-November 2008

- Provided psychological assessment, individual, family, and group therapy to a diverse population of children, adolescents, and families
- Provided psychological training, supervision, and consultation for Washburn students and staff
- Worked with psychiatrists, social workers, schools, and social service agencies to coordinate psychological services and to improve the lives of clients
- Implemented a new curriculum and structure for monthly specialized psychological assessment training, supervision, and consultation group

Teaching Experience

Psychological Assessment Training, Supervision, and Consultation Group Leader, Washburn Child Guidance Center, September-December 2006-November 2008

- Taught and reviewed scoring and interpretive procedures for the Rorschach Inkblots and information regarding integration with other projective and objective personality instruments.
- Provided consultation, supervision, and feedback to graduate students regarding their administration, scoring and interpretation of the Rorschach Inkblots

Teaching Assistant, Minnesota School of Professional Psychology at Argosy University, September 2004-January 2005

- Taught lab sessions and provided assistance teaching diagnostic interviewing and projective testing and report writing to graduate students
- Monitored, graded, and provided oral and written feedback to graduate students regarding their administration, scoring, interpretation of projective personality assessments, diagnostic interviewing skills, and diagnostic report writing

Supervisory Experience

Supervisor of Training, Clinical Supervisor, Sanford Behavioral Health, Thief River Falls, MN, August 2016-Jan 2020

- Developed, Administered, and Maintained Clinical Training Program at Sanford Behavioral Health
- Provided Clinical Supervision for Clinical Trainees using both individual and group modalities on their inpatient and outpatient therapy and assessment cases
- Reviewed case notes and provided training on clinical documentation.
- Provided Training and Supervision on Ethics and Professional Development
- Monitored Trainee development, needs, and addressed any concerns
- Worked with Trainees to develop and complete their Capstone Projects

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(Supervisory Experience Continued)

Post-Doctoral Fellowship Supervisor, Washburn Child Guidance Center, Minneapolis, MN, September 2007-December 2008

- Supervised and consulted with Post-Doctoral Fellows on their therapy and assessment cases

Advanced Practicum Student Supervisor, Washburn Child Guidance Center, Minneapolis, MN, September 2006-December 2008

- Supervised and consulted with graduate level advanced practicum students on their therapy and assessment cases

Practicum Student Supervisor, Washburn Child Guidance Center, Minneapolis, MN, August 2005-December 2008

- Supervised and consulted with graduate level practicum students on their therapy and assessment cases

Supervised Clinical Experience

Post-Doctoral Fellowship

Washburn Child Guidance Center, Minneapolis, MN, October 2006-December 2007

- Provided psychological assessment, individual, family, and group therapy to a diverse population of children, adolescents, and families
- Provided psychological training, supervision, and consultation for Washburn students and staff
- Worked with psychiatrists, social workers, schools, and social service agencies to coordinate psychological services and to improve the lives of clients

Pre-Doctoral Internship

Washburn Child Guidance Center, Minneapolis, MN, June 2005-October 2006

- Provided psychological assessment, individual, family, and group therapy to a diverse population of children, adolescents, and families
- Provided psychological training, supervision, and consultation for Washburn students and staff
- Worked with psychiatrists, social workers, schools, and social service agencies to coordinate psychological services and to improve the lives of clients
- Completed EMDR (Parts I and II) and Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

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(Supervised Experience Continued)

Practica

Therapy Practicum, Washburn Child Guidance Center, Minneapolis, MN, August 2004-June 2005

- Provided psychological assessment, individual, family, and group therapy to a diverse population of children, adolescents, and families

Diagnostic/Assessment Practicum, Wilmar Regional Treatment Center Child and Adolescent Behavioral Health Services (CABHS), Wilmar, MN, September 2003-June 2004

- Provided psychological assessment, and group therapy to a diverse population of children and adolescents

Other Employment

Yoga Instructor, Sanford Wellness Center, Thief River Falls, MN Feb 2020-present

Mental Health Worker, Guild Incorporated, St. Paul, MN, November 2003-November 2004

Primary Care Counselor II, Wilder Foundation, Bush Residential Children's Center, St. Paul, MN, October 1999-June 2002

Presentations and Appearances

Mooney, R. (September 2018). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (September 2016). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (September 2015). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (September 2014). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (Jan 2014). Children's Mental Health. Oral Presentation for Child Care Workers and Community Providers at The Early Childhood Interventions Childcare Conference. Thief River Falls, Minnesota.

Mooney, R. (September 2013). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (September 2012). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

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(Presentations and Appearances Continued)

Mooney, R. (March 2012). Documentation for Mental Health Workers. Oral Presentation for Mental Health Workers at Pathfinder Children's Treatment Center. Thief River Falls, Minnesota.

Mooney, R. (October, 2011). Fundamentals of Play Therapy. Oral Presentation to Mental Health Professionals at Sanford Hospital. Thief River Falls, Minnesota.

Mooney, R. (September 2011). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (September 2011). The Developing Person, The Developing Brain-Part 1: 0-3. Oral Presentation for Human Service Workers and Professionals at Sanford Hospital. Thief River Falls, Minnesota.

Mooney, R. (September 2010). Children's Mental Health. Appearance at the Children's Health Fair at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (June 2010). E to the M to the D to the R-Demystifying EMDR. Oral Presentation for Human Service Workers and Professionals at Sanford Hospital. Thief River Falls, Minnesota

Mooney, R. (January 2010). Stress and Health. Oral Presentations (3) to Large Employee groups at Digi-Key. Thief River Falls, Minnesota.

Mooney, R. (November 2009). Mental Health Resources. Appearance at Digi-Key Health Fair. Thief River Falls, Minnesota.

Mooney, R. (November 2009). Coping with Stress. Oral Presentation to Rehabilitation Workers at Sanford Hospital. Thief River Falls, Minnesota.

Mooney, R. (March 2009). Trauma in Children-What School Professionals Need to Know. Oral Presentation for School Professionals at Challenger Elementary School. Thief River Falls, Minnesota.

Mooney, R. (February 2009). Trauma in Children. Oral Presentation for Mental Health Workers and Community Providers at Pathfinder Children's Treatment Center. Thief River Falls, Minnesota.

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Service

Ambassador for the National Health Service Corps, March 2010-August 2012

Early Childhood Advisory Counsel, September 2009- September 2013

Early Childhood Initiative Member, September 2013-August 2018

Volunteer Teacher's Aid, *Geranium Street School*, St. Paul, MN, December 1997-June 1998

Professional Memberships

American Psychological Association

Association for Play Therapy

Research Experience

Research Assistant, *Cognitive Psychology Department, University of MN Twin Cities, Fall 1999*

Research Assistant, *Educational Psychology Department, University of MN Twin Cities, Spring 1998*

Research Assistant, *Cognitive Psychology Department, University of MN Twin Cities, Winter 1997*